2012 Update
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WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

| All-Time SEC Team Champions |

Year	Champion	Pts	Site
1981	Tennessee	197	Knoxville, Tenn.
1982	Tennessee	214	Athens, Ga.
1983	Tennessee	223	Lexington, Ky.
1984	Tennessee	207	Baton Rouge, La.
1985	LSU	191	Starkville, Miss.
1986	Alabama	155	Knoxville, Tenn.
1987	LSU	175	Tuscaloosa, Ala.
1988	LSU	183	Auburn, Ala.
1989	LSU	145	Gainesville, Fla.
1990	LSU	128	Athens, Ga.
1991	LSU	189	Baton Rouge, La.
1992	Florida	169	Starkville, Miss.
1993	LSU	174	Knoxville, Tenn.
1994	Alabama	134	Fayetteville, Ark.
1995	Georgia	135.5	Tuscaloosa, Ala.
1996	LSU	145	Lexington, Ky.
1997	Florida	140	Auburn, Ala.
1998	Florida	142	Gainesville, Fla.
1999	South Carolina	138	Athens, Ga.
2000	Arkansas	147.75	Baton Rouge, La.
2001	Arkansas	137	Lexington, Ky.
2002	South Carolina	147	Fayetteville, Ark.
2003	Florida	159	Knoxville, Tenn.
2004	Arkansas	124	Oxford, Miss.
2005	South Carolina	145.20	Nashville, Tenn.
2006	Georgia	136	Fayetteville, Ark.
2007	LSU	139.50	Tuscaloosa, Ala.
2008	LSU	157.50	Auburn, Ala.
2009	Florida	135.50	Gainesville, Fla.
2010	LSU	132	Knoxville, Tenn.
2011	LSU	146	Athens, Ga.

| SEC Championship Totals |

LSU (12); Florida (5); Tennessee (4); Arkansas (3); Alabama (2); Georgia (2); South Carolina (3).

| 2011 Results - Athens, Ga. |

1. LSU	146	7. South Carolina	46
2. Florida	116	8. Kentucky	42
3. Arkansas	107	9. Ole Miss	38
4. Georgia	94	10. Miss. State	34
5. Tennessee	92	11. Alabama	31
6. Auburn	66	12. Vanderbilt	7

| 2011 Awards |

Women's Runner of the Year: Semoy Hackett, LSU
Women's Field Athlete of the Year: Tina Sutej, Arkansas
Women's Freshman Runner of the Year: Jasmin Stowers, LSU
Women's Freshman Field Athlete of the Year: Rochelle Farquharson, MSU
Co-Women's Scholar-Athlete of the Year: Holly Knight, Auburn
Co-Women's Scholar-Athlete of the Year: Chanelle Price, Tennessee
Women's Coach of the Year: Dennis Shaver, LSU

| Year-by-Year Championship Team Standings |

1981

1. Tennessee	197
2. Kentucky	150
3. Alabama	95
4. Georgia	54
5. Auburn	52
6. Florida	43
7. LSU	26

1982

1. Tennessee	214
2. Alabama	96
3. Kentucky	58
4. Florida	55
5. Georgia	50
6. Auburn	42
7. LSU	37
8. Vanderbilt	1

1983

1. Tennessee	223
2. Alabama	94
3. Florida	80
4. Kentucky	60
5. Georgia	58
6. LSU	40
7. Auburn	1

1984

1. Tennessee	207
2. Alabama	117
3. Georgia	62
4. Florida	60
5. LSU	48
6. Kentucky	27
7. Auburn	12

1985

1. LSU	191
2. Tennessee	109
3. Florida	100
4. Georgia	71
5. Alabama	59
6. Auburn	30
7. Kentucky	9

1986

1. Alabama	155
2. LSU	125.5
3. Tennessee	87.5
4. Florida	74
5. Georgia	67
6. Kentucky	56
7. Auburn	22

1987

1. LSU	175
2. Alabama	142
3. Florida	99
4. Tennessee	80
5. Georgia	38
6. Kentucky	33
7. Auburn	10
8. Mississippi State	7
9. Ole Miss	5

1988

1. LSU	183
2. Alabama	121
3. Tennessee	84
4. Florida	61
5. Kentucky	40
6. Georgia	35
7. Auburn	33
8. Mississippi State	23
9. Ole Miss	6

1989

1. LSU	145
2. Florida	129
3. Tennessee	91
4. Kentucky	66
5. Alabama	60
6. Georgia	54
7. Auburn	24
8. Mississippi State	16
9. Ole Miss	4

1990

1. LSU	128
2. Florida	122
3. Tennessee	106
4. Alabama	95
5. Georgia	46
6. Auburn	34
7. Kentucky	28
8. Mississippi State	21
9. Ole Miss	5
10. Vanderbilt	3

1991

1. LSU	189
2. Florida	138
3. Tennessee	84
4. Alabama	55
5. Georgia	50
6. Auburn	45
7. Kentucky	10
8. Ole Miss	7
9. Mississippi State	6
10. Vanderbilt	4

1992

1. Florida	169
2. LSU	147
3. Alabama	100
4. Arkansas	99
5. Tennessee	75.5
6. Auburn	54
7. Georgia	42.5
8. Ole Miss	24
9. Kentucky	11
9. Vanderbilt	11
11. Mississippi State	7

1993

1. LSU	175
2. Arkansas	111
3. Alabama	100
4. Florida	96
5. Tennessee	81
6. Auburn	52
7. Georgia	45
8. Ole Miss	22
9. Kentucky	15
10. South Carolina	13
10. Mississippi State	13
12. Vanderbilt	10

1994

1. Alabama	134
2. LSU	133.4
3. Tennessee	125
4. Arkansas	85
5. South Carolina	56
6. Georgia	53
7. Auburn	50
8. Florida	38
9. Kentucky	33
10. Ole Miss	25
11. Vanderbilt	7.5

1995

1. Georgia	135.5
2. LSU	124
3. Tennessee	90
4. Florida	87
5. Arkansas	79.5
6. Auburn	76
7. Kentucky	49
8. South Carolina	31
9. Alabama	28
10. Mississippi State	20
11. Vanderbilt	9
11. Ole Miss	9

1996

1. LSU	145
2. South Carolina	103
3. Auburn	94
4. Georgia	88
5. Arkansas	72
6. Florida	60
7. Alabama	53
8. Kentucky	52
9. Tennessee	47
10. Vanderbilt	34
11. Ole Miss	24
12. Mississippi State	7

1997

1. Florida	140
2. LSU	120
3. South Carolina	103
4. Auburn	102
5. Arkansas	67
6. Georgia	65
7. Tennessee	64
8. Vanderbilt	57
9. Kentucky	26
10. Ole Miss	23
11. Mississippi State	7
12. Alabama	2

1998

1. Florida	142
2. South Carolina	121
3. Georgia	103
4. Arkansas	89.5
5. LSU	77
6. Auburn	76
7. Tennessee	65
8. Vanderbilt	53
9. Kentucky	32
10. Alabama	25
11. Ole Miss	19
12. Mississippi State	10

1999

1. South Carolina	138
2. Florida	123.5
3. LSU	114.5
4. Georgia	107.5
5. Arkansas	90
6. Tennessee	61
7. Alabama	50
8. Vanderbilt	47.5
9. Kentucky	35
10. Ole Miss	28
11. Auburn	13
12. Mississippi State	10

2000

1. Arkansas	147.75
2. South Carolina	132.25
3. LSU	89.5
4. Florida	86.25
5. Georgia	85
6. Tennessee	71.25
7. Alabama	71
8. Auburn	54
9. Ole Miss	32
10. Kentucky	12
11. Mississippi State	10
12. Vanderbilt	7

2001

1. Arkansas	182
2. Florida	112
3. South Carolina	109
4. LSU	103
5. Auburn	67
6. Alabama	63.5
7. Georgia	55
8. Ole Miss	39
9. Tennessee	31
10. Kentucky	29
11. Vanderbilt	15
12. Mississippi State	12.5

2002

1. South Carolina	148
2. Arkansas	138
3. Florida	133
4. LSU	114
5. Auburn	88
6. Tennessee	52.50
7. Georgia	49
8. Kentucky	27
9. Alabama	20
10. Vanderbilt	19.50
11. Ole Miss	17
12. Mississippi State	13

2003

1. Florida	159
2. Arkansas	130
3. LSU	110
4. South Carolina	86
5. Auburn	77
6. Georgia	66
7. Tennessee	55
8. Kentucky	49
9. Alabama	38
10. Mississippi State	22
11. Vanderbilt	19
12. Ole Miss	5

2004

1. Arkansas	124
2. LSU	114
3. Georgia	101.5
4. South Carolina	90.5
5. Florida	79
6. Tennessee	78.5
7. Auburn	68.5
8. Alabama	68
9. Kentucky	30
10. Vanderbilt	27
11. Mississippi State	22
12. Ole Miss	15

| Year-by-Year Championship Team Standings |

2005

1. South Carolina	145.20
2. Arkansas	124.20
3. Tennessee	108.33
4. Georgia	106.20
5. Auburn	81.50
6. LSU	78
7. Alabama	54
8. Florida	32.16
9. Kentucky	31
10. Ole Miss	26.40
11. Vanderbilt	12
11. Mississippi State	12

2006

1. Georgia	136
2. Auburn	135
3. South Carolina	86.50
4. LSU	81
5. Tennessee	78
6. Alabama	72.50
7. Arkansas	68
8. Kentucky	45
9. Florida	38
10. Vanderbilt	28
11. Mississippi State	27
12. Ole Miss	24

2007

1. LSU	139.50
2. Arkansas	110
3. Georgia	106
4. Tennessee	89
5. South Carolina	84
6. Florida	82
7. Auburn	73.50
8. Kentucky	42
9. Ole Miss	39
10. Alabama	23
11. Mississippi State	19
12. Vanderbilt	12

2008

1. LSU	157.50
2. Florida	129
3. Arkansas	88.50
4. Tennessee	85
5. Kentucky	84.50
6. Ole Miss	73
7. Auburn	66
8. South Carolina	34.50
9. Alabama	34
10. Georgia	32
11. Mississippi State	28
12. Vanderbilt	7

2009

1. Florida	135.5
2. LSU	113
3. Tennessee	106
4. Arkansas	96.5
5. Auburn	76
6. Kentucky	56
7. Alabama	52.5
8. South Carolina	51
9. Georgia	45.5
10. Ole Miss	44
11. Mississippi State	42

2010

1. LSU	132
2. Florida	107.5
3. Arkansas	98.5
4. Auburn	97
5. Georgia	74.5
6. Alabama	64
7. Tennessee	62
8. South Carolina	48.5
9. Ole Miss	48

2011

1. LSU	146
2. Florida	116
3. Arkansas	107
4. Georgia	94
5. Tennessee	92
6. Auburn	66
7. South Carolina	46
8. Kentucky	42
9. Ole Miss	38
10. Mississippi State	34
11. Alabama	31
12. Vanderbilt	7

| SEC Championship Meet Records |

Running Events

Event	Name (School)	Time	Year
100m	Kerron Stewart (Auburn)	11.03	2006
100m Hurdles	Kim Carson (LSU)	12.72	1996
200m	Debbie Ferguson (Georgia)	22.35	1999
400m	Miki Barber (South Carolina)	50.63	2001
400m Hurdles	Lashinda Demus (South Carolina)	54.50	2004
800m	Tiffany McWilliams (Mississippi State)	2:01.00	2004
1,500m	Tiffany McWilliams (Mississippi State)	4:09.19	2004
Steeplechase	Sarah Madebach (Georgia)	10:13.73	2007
5,000m	Valerie McGovern (Kentucky)	15:59.47	1990
10,000m	Liz Costello (Tennessee)	32:42.95	2011
4x100m Relay	LSU (Morris, Henry, Broaddus, Baptiste)	42.80	2008
4x400m Relay	LSU (Davy, Bernard-Thomas, Hall, Regis)	3:27.04	2004

Field Events

Event	Name (School)	Mark	Year
High Jump	Levern Spencer (Georgia)	1.86m/6-1.25	2007
Long Jump	Brittney Reese (Ole Miss)	6.84m/22-5.25	2008
Triple Jump	Suzette Lee (LSU)	13.99m/45-10.75	1996
Pole Vault	Tina Sutej (Arkansas)	4.61m/15-1.50	2011
Shot Put	Mariam Kevkhishvili (Florida)	18.05m/59-2.75	2009
Hammer Throw	Jenny Dahlgren (Georgia)	71.78m/235-6	2006
Discus	Danyel Mitchell (LSU)	59.23m/194-4	1994
Javelin	Emily Carlsten (Florida)	55.10m/180-9	2000

Heptathlon

Event	Name (School)	Mark/Time	Year
Total Points	Sharon Jaklofsky (LSU)	5,969	1991
First-Day Points	Sharon Jaklofsky (LSU)	4,309	1991
100m Hurdles	Marissa Harris (Mississippi State)	13.18	2009
High Jump	Kelli Flynn (LSU)	1.84m/6-0.50	1993
Shot Put	Kym Carter (LSU)	14.26m/46-9.75	1987
200m	GiGi Miller (Arkansas)	23.75	2001
Long Jump	Brittany Bozeman (Ole Miss)	6.36m/20-10.50	2010
Javelin	Josie Hahn (Vanderbilt)	44.85m/147-2	2004
800m	Lana Zimmerman (LSU)	2:08.4	1983

Former Championship Events

Event	Name (School)	Time	Year
3,000m	Heidi Olafsdottir (Alabama)	9:15.51	1987

| SEC Individual Champions |

| Running Events |

100-Meter Dash

1981	Benita Fitzgerald, UT	11.44
1982	Sharrieffa Barksdale, UT	11.76
1983	Benita Fitzgerald, UT	11.52
1984	Mary Bolden, UT	11.35
1985	Gwen Torrence, UG	11.31
1986	Pauline Davis, UA	11.11
1987	Pauline Davis, UA	11.23
1988	Pauline Davis, UA	11.17
1989	Dawn Sowell, LS	11.32
1990	Esther Jones, LS	11.15
1991	Esther Jones, LS	11.35
1992	Michelle Freeman, UF	11.20
1993	Cheryl Taplin, LS	11.08w
1994	Cheryl Taplin, LS	11.14
1995	D'Andre Hill, LS	11.10
1996	D'Andre Hill, LS	11.19
1997	Peta-Gaye Dowdie, LS	11.28
1998	Debbie Ferguson, UG	11.09w
1999	Debbie Ferguson, UG	11.05
2000	Peta-Gaye Dowdie, LS	11.20
2001	Muna Lee, LS	11.28
2002	Muna Lee, LS	11.19
2003	Muna Lee, LS	11.12
2004	Veronica Campbell, AR	11.12
2005	Cleo Tyson, UT	11.25
2006	**Kerron Stewart, AU**	**11.03**
2007	Kerron Stewart, AU	11.10
2008	Kelly Anne Baptiste, LS	11.09
2009	Kenyanna Wilson, LS	11.32
2010	Sheniqua Ferguson, AU	11.19
2011	Semoy Hackett, LS	11.01w

100-Meter Hurdles

1981	Benita Fitzgerald, UT	13.24
1982	Benita Fitzgerald, UT	13.34
1983	Benita Fitzgerald, UT	13.00
1984	Tonya Lowe, UK	13.35
1985	LaVonna Martin, UT	13.28
1986	LaVonna Martin, UT	13.05
1987	LaVonna Martin, UT	13.07
1988	LaVonna Martin, UT	13.11
1989	Tananjalyn Stanley, LS	13.26
1990	Tananjalyn Stanley, LS	12.92
1991	Mary Cobb, LS	13.17
1992	Michelle Freeman, UF	12.79
1993	Monifa Taylor, UF	13.15
1994	Debbie Parris, LS	13.11
1995	Kim Carson, LS	13:23
1996	**Kim Carson, LS**	**12.72**
1997	Astia Walker, LS	12.82w
1998	Lacena Golding, AU	13.06w
1999	Ellakisha Williams, SC	13.08w
2000	Joyce Bates, LS	12.89
2001	Teneeshia Jones, UM	13.40
2002	Lolo Jones, LS	13.01
2003	Lolo Jones, LS	13.05
2004	Lolo Jones, LS	12.83
2005	Kasia Williams, AR	13.25
2006	Josanne Lucas, AU	12.98
2007	Jessica Ohanaja, LS	13.10
2008	Nickiesha Wilson, LS	12.81
2009	Celriece Law, UT	13.22
2010	Kimberley Laing, UA	13.32
2011	Jasmin Stowers, LS	12.88

200-Meter Dash

1981	Benita Fitzgerald, UT	23.55
1982	Benita Fitzgerald, UT	23.50
1983	Veronica Findley, UT	23.79
1984	Mary Bolden, UT	23.30
1986	Pauline Davis, UA	22.89
1987	L. Leatherwood-King, UA	22.38
1988	Pauline Davis, UA	22.76
1989	Dawn Sowell, LS	22.87
1990	Esther Jones, LS	23.19
1991	Esther Jones, LS	23.23
1992	Dahlia Duhaney, LS	23.04
1993	Juliet Campbell, AU	22.81
1994	Stacey Bowen, UA	22.85
1995	Zundra Feagin, LS	22.84
1996	Zundra Feagin, LS	22.71
1997	Astia Walker, LS	22.69
1998	Debbie Ferguson, UG	22.53
1999	**Debbie Ferguson, UG**	**22.35**
2000	Miki Barber, SC	22.84
2001	Muna Lee, LS	23.13
2002	Stephanie Durst, LS	22.48
2003	Erica Whipple, SC	22.82
2004	Veronica Campbell, AR	22.41
2005	Shalonda Soloman, SC	22.74
2006	Shalonda Solomon, SC	22.36
2007	Kerron Stewart, AU	22.52
2008	Natalie Knight, UF	22.84
2009	Samantha Henry, LS	23.36
2010	Sheniqua Ferguson, AU	23.09
2011	Kimberlyn Duncan, LS	22.27w

220-Meter Dash

1985	Gwen Torrence, UG	22.96

400-Meter Dash

1981	Delisa Walton, UT	55.33
1982	Cathy Rattray, UT	52.63
1983	Cathy Rattray, UT	52.99
1984	L. Leatherwood-King, UA	51.69
1985	Illrey Oliver, UT	52.40
1986	L. Leatherwood-King, UA	51.15
1987	L. Leatherwood-King, UA	51.17
1988	Denise Mitchell, UF	52.05
1989	Falilatu Ogunkoya, MS	51.79
1990	Falilatu Ogunkoya, MS	52.25
1991	Tasha Downing, UF	52.22
1992	Juliet Campbell, AU	51.45
1993	Youlanda Warren, LS	52.23
1994	Stacy Bowen, UA	52.67
1995	Youlanda Warren, LS	51.61
1996	Ebony Robinson, UF	52.19
1997	Nadia Graham, UF	51.45
1998	Tonique WIlliams, SC	51.99
1999	Mikele Barber, SC	51.21
2000	Miki Barber, SC	50.98
2001	**Miki Barber, SC**	**50.63**
2002	LaShinda Demus, SC	51.24
2003	DeeDee Trotter, UT	51.65
2004	Hazel-Ann Regis, LS	50.64
2005	Natasha Hastings, SC	51.94
2006	Patricia Hall, UT	51.77
2007	Natasha Hastings, SC	51.10
2008	Kenyata Coleman, UM	52.09
2009	LaJada Baldwin, UM	51.95
2010	Joanna Atkins, AU	52.58
2011	Joanna Atkins, AU	51.83

400-Meter Hurdles

1981	Judy Thomas, UK	1:01.52
1982	Barbara Scott, UA	58.65
1983	Sharrieffa Barksdale, UT	57.93
1984	Sharrieffa Barksdale, UT	57.10
1985	Schowonda Williams, LS	56.66
1986	Schowonda Williams, LS	57.64
1987	Schowonda Williams, LS	56.25
1988	Schowonda Williams, LS	58.17
1989	Dorchelle Webster, UF	56.93
1990	Dorchelle Webster, UF	57.49
1991	Tonya Lee, UT	55.78
1992	Tonya Lee, UT	57.52
1993	Debbie Ann Parris, LS	57.50
1994	Debbie Ann Parris, LS	56.82
1995	Gudrun Amdardottir, UG	56.88
1996	Gudrun Arndardottir, UG	56.86
1997	Ryan Tolbert, VU	56.87
1998	Ryan Tolbert, VU	57.56
1999	Ellakisha Williamson, SC	57.32
2000	Petagay Gayle, UA	56.44
2001	Tacita Bass, SC	57.31
2002	Tiffany Ross, SC	55.27
2003	Tiffany Ross, SC	57.13
2004	**Lashinda Demus, SC**	**54.50**
2005	Tiffany Ross-Williams, SC	55.68
2006	Markita James, AU	56.44
2007	Nickiesha Wilson, LS	55.77
2008	Amelia Anderson, AU	57.15
2009	Danielle Gilchrist, AU	57.83
2010	Cassandra Tate, LS	57.12
2011	Ellen Wortham, UT	55.70

800-Meter Run

1981	Joetta Clark, UT	2:08.96
1982	Delisa Walton, UT	2:05.55
1983	Joetta Clark, UT	2:06.07
1984	Joetta Clark, UT	2:01.15
1985	Camille Cato, LS	2:03.57
1986	Alisa Harvey, UT	2:02.75
1987	Alisa Harvey, UT	2:02.51
1988	Evelyn Adiru, UA	2:04.81
1989	Sylvia Brydson, LS	2:03.75
1990	Jasmin Jones, UT	2:07.18
1991	Nekita Beasley, UF	2:02
1992	Nekita Beasley, UF	2:04.19
1993	Vicky Lynch, UA	2:04.93
1994	Tanya Blake, AR	2:06.60
1995	Mary McClung, UG	2:06.09
1996	Donna Cargill, UA	2:08.11
1997	Hazel Clark, UF	2:02.52
1998	Hazel Clark, UF	2:02.74
1999	Claudine Williams, LS	2:02.52
2000	Tamieka Grizzle, UF	2:04.80
2001	Nona Allen, UF	2:06.47
2002	Nicole Cook, UT	2:04.40
2003	Tiffany McWilliams, MS	2:02.74
2004	**Tiffany McWilliams, MS**	**2:01.96**
2005	Aneita Denton, AR	2:02.94
2006	Tanya Osbourne, LS	2:06.26
2007	LaTavia Thomas, LS	2:05.07
2008	LaTavia Thomas, LS	2:03.39
2009	Phoebe Wright, UT	2:02.15
2010	Phoebe Wright, UT	2:01.81
2011	Chanelle Price, UT	2:04.22

1,500-Meter Run

1981	Linda Portaskik, UT	4:28.07
1982	Joetta Clark, UT	4:21.40
1983	Joetta Clark, UT	4:21.2
1984	Alisa Harvey, UT	4:19.32
1985	Alisa Harvey, UT	4:17.09
1986	Evelyn Adiru, UA	4:18.37
1987	Alisa Harvey, UT	4:15.45
1988	Evelyn Adiru, UA	4:15.91
1989	Jasmin Jones, UT	4:17.81
1990	Jasmin Jones, UT	4:20.31
1991	Jasmin Jones, UT	4:16.03
1992	Kristen Seabury, UA	4:19.57
1993	Vicky Lynch, UA	4:20.64
1994	Sarah Schwald, AR	4:23.28
1995	Monika Ronnholm, UG	4:17.81
1996	Janet Trujillo, AU	4:24.32
1997	Becki Wells, UF	4:24.49
1998	Tracy Robertson, AR	4:25.90
1999	Hazel Clark, UF	4:16.11
2000	Jessica Dailey, AR	4:21.55
2001	Tracy Robertson, AR	4:20.89
2002	Christin Wurth, AR	4:20.87
2003	Tiffany McWilliams, MS	4:12.18
2004	**Tiffany McWilliams, MS**	**4:09.19**
2005	Erica Sigmont, AR	4:26.12
2006	Sarah Bowman, UT	4:21.10
2007	Dacia Barr, AR	4:14.97

| SEC Individual Champions |

2008	Sarah Bowman, UT	4:19.02
2009	Sarah Bowman, UT	4:15.03
2010	Charlotte Browning, UF	4:13.96
2011	Brittany Sheffey, UT	4:25.75

3,000-Meter Run

1981	Kathy Bryant, UT	9:32.79
1982	Bernadette Madigan, UK	9:36.37
1983	Alison Quelch, UT	9:29.74
1984	Shelly Steely, UF	9:36.72
1985	Shelly Steely, UF	9:18.40
1986	Lisa Breiding, UK	9:28.55
1987	Heidi Olafsdottir, UA	9:15.51
1988	Denise Bushallow, UK	9:31.94
1989	Valerie McGovern, UK	9:26.94
1990	Valerie McGovern, UK	9:19.13
1991	Patty Wiegand, UT	9:27.69
1992	Frida Thordardottir, UG	9:28.49
1993	Deena Drossin, AR	9:20.87
1994	Sarah Schwald, AR	9:32.08
1995	Monika Ronnholm, UG	9:22.38
1996	Megan Flowers, AR	9:32.00
1997	Amy Yoder, AR	9:29.65
1998	Tracy Robertson, AR	9:35.82
1999	Jessica Koch, AR	9:40.75
2000	Jessica Daily, AR	9:29.03

3,000-Meter Steeplechase

2001	Lilli Kleinmann, AR	10:13.89
2002	Kylene Kownurko, VU	10:34.21
2003	Shiloh Whiting, AR	10:32.69
2004	Maureen Scott, AR	10:16.01
2005	Maureen Scott, AR	10:27.29
2006	Tiffany Redlarczyk, AR	10:31.35
2007	**Sarah Madebach, UG**	**10:13.73**
2008	Sarah Madebach, UG	10:14.89
2009	Genevieve LaCaze, UF	10:26.92
2010	Beatrice Biwott, SC	10:20.14
2011	Genevieve LaCaze, UF	10:21.82

5,000-Meter Run

1981	Kathy Bryant, UT	16:34.83
1982	Kathy Bryant, UT	16:59.40
1983	Alison Quelch, UT	16:30.6
1984	Shelly Steely, UF	16:23.3
1985	Shelly Steely, UF	16:12.89
1986	Lisa Breiding, UK	16:46.07
1987	Lisa Breiding, UK	16:38.10
1988	Elspeth Turner, UA	16:41.55
1989	Valerie McGovern, UK	16:42.75
1990	**Valerie McGovern, UK**	**15:59.47**
1991	Patty Wiegand, UT	16:34.97
1992	Amy Patterson, AU	16:53.12
1993	Deena Drossin, AR	16:07.73
1994	H. Shutt-Warner, UA	16:33.36
1995	Rachel Sauder, AU	16:32.65
1996	Rachel Sauder, AU	16:57.23
1997	Amy Yoder, AR	16:28.42
1998	Jessica Koch, AR	16:38.70
1999	Amy Yoder, AR	17:07.62
2000	Amy Yoder, AR	16:48.33
2001	Amy Yoder-Begley, AR	16:16.36
2002	Andreina Byrd, AR	16:44.87
2003	Sharon Dickie, UT	16:40.36
2004	Erika Schneble, VU	16:22.66
2005	Felicia Guliford, UT	16:21.27
2006	Angela Homan, AU	16:28.57
2007	Jill Steffens, UG	16:23.80
2008	Rebecca Lowe, UF	16:22.33
2009	Catherine White, AR	16:29.72
2010	Jackie Areson, UT	16:20.89
2011	Liz Costello, UT	16:13.06

10,000-Meter Run

1981	Linda McLennon, UA	35:41.30
1982	Beth Farmer, UF	35:12.01
1983	Beth Farmer, UF	35:43.1
1984	Kathy Box, UA	37:32.45
1985	Shelly Steely, UF	34:23.53
1986	Jeni Nielson, UA	34:29.60
1987	Jeni Nielson, UA	34:28.32
1988	Elspeth Turner, UA	34:38.90
1989	Kristi Orre, UK	35:25.20
1990	Jolly Earle, UG	35:00.32
1991	Kelli Butler, UG	34:43.55
1992	Michelle Byrne, AR	35:22.59
1993	Michelle Byrne, AR	35:08.02
1994	H. Shutt-Warner, UA	35:52.30
1995	Rachel Sauder, AU	34:38.07
1996	Rachel Sauder, AU	34:40.19
1997	Nancy Vitoria, AU	35:16.50
1998	Tanya Povey, SC	35:07.62
1999	Amy Yoder, AR	34:40.39
2000	Amy Yoder, AR	35:59.22
2001	Amy Yoder-Begley, AR	35:23.40
2002	Lilli Klienmann, AR	35:53.44
2003	Penny Splichal, AR	35:36.23
2004	Angela Homan, AU	34:18.10
2005	Angela Homan, AU	34:21.19
2006	Angela Homan, AU	34:10.42
2007	Jill Steffens, UG	35:45.48
2008	Rebecca Lowe, UF	34:13.07
2009	Catherine White, AR	35:07.50
2010	Bridget Lyons, UG	34:44.88
2011	**Liz Costello, UT**	**33:42.96**

4x100-Meter Relay

1981	Kentucky	46.04
1982	Tennessee	45.07
1983	Alabama	46.25
1984	Tennessee	44.61
1985	LSU	44.47
1986	Alabama	44.31
1987	Alabama	43.81
1988	LSU	44.23
1989	LSU	43.86
1990	LSU	44.25
1991	LSU	43.77
1992	LSU	43.89
1993	Alabama	43.73
1994	Alabama	43.70
1995	LSU	43.68
1996	LSU	43.19
1997	LSU	43.59
1998	LSU	43.51
1999	LSU	43.80
2000	LSU	43.83
2001	South Carolina	43.48
2002	LSU	43.06
2003	LSU	43.22
2004	LSU	43.15
2005	South Carolina	43.78
2006	South Carolina	43.81
2007	South Carolina	43.33
2008	**LSU**	**42.80**
2009	Auburn	44.11
2010	Auburn	43.38
2011	LSU	43.47

4x400-Meter Relay

1981	Tennessee	3:44.02
1982	Tennessee	3:37.21
1983	Tennessee	3:41.32
1984	Alabama	3:49.03
1985	Florida	3:37.61
1986	Tennessee	3:42.03
1987	Tennessee	3:33.86
1988	LSU	3:34.85
1989	LSU	3:35.83
1990	Florida	3:33.14
1991	Florida	3:35.23
1992	Auburn	3:34.29
1993	Alabama	3:36.27
1994	LSU	3:34.72
1995	LSU	3:32.67
1996	Florida	3:33.44
1997	Florida	3:31.58
1998	LSU	3:30.89
1999	South Carolina	3:32.94
2000	South Carolina	3:31.44
2001	South Carolina	3:31.24
2002	South Carolina	3:30.68
2003	Florida	3:32.58
2004	**LSU**	**3:27.04**
2005	South Carolina	3:29.79
2006	Auburn	3:31.35
2007	South Carolina	3:28.44
2008	LSU	3:32.09
2009	LSU	3:34.11
2010	Arkansas	3:31.05
2011	Arkansas	3:32.23

3,200-Meter Relay

1981	Tennessee	9:54.90

w - Wind-Aided

| Field Events |

High Jump

1981	Terri Johnson, UA	5-9
1982	Terri Johnson, UA	5-11
1983	Disa Gisladottir, UA	5-11.25
1984	Disa Gisladottir, UA	6-0
1985	Yutta Shelton, UA	5-9.50
1986	Laura Agront, UA	5-11
1987	Laura Agront, UA	6-0
1988	Sissy Costner, AU	6-0
1989	Sissy Costner, AU	6-0
1990	Maria Galloni, UF	5-11.50
1991	Maria Galloni, UF	5-11.25
1992	Jennifer McDonald, AR	5-8
	Lauretta Freeman, AU	5-8
	Maria Galloni, UF	5-8
1993	Gai Kapernick, LS	6-0.50
1994	Gai Kapernick, LS	6-0.50
1995	Reeta Laaksonen, UG	5-10.75
1996	Reeta Laaksonen, UG	6-0.50
1997	Hareldau Argyle, LS	5-10.50
1998	Naketira Jones, AU	6-0.50
1999	Latifah Long, UG	5-11.50
2000	Latifah Long, UG	5-10
2001	Latifah Long, UG	5-10.50
2002	Janet Crawford, UK	5-8.75
2003	Jessica Johnson, AR	5-9.75
2004	Hyleas Fountain, UG	5-9.75
2005	Patricia Sylvester, UG	5-8 .75
2006	Levern Spencer, UG	5-11.50
2007	**Levern Spencer, UG**	**6-1.25**
2008	Raevan Harris, AU	6-0
2009	Raevan Harris, AU	5-11.50
2010	Maya Pressley, AU	5-10.75
2011	Maya Pressley, AU	6-0.75

Long Jump

1981	Sharrieffa Barksdale, UT	19-7.25
1982	Barbara Scott, UA	20-9.75
1983	Sharrieffa Barksdale, UT	20-5.25
1984	Kathy Rankins, UG	21-1
1985	Sharon Clarke, LS	21-5.50
1986	Sharon Clarke, LS	20-7.75
1987	Flora Hyacinth, UA	21-6.50
1988	Claire Conner, LS	21-3.50
1989	Catherine Colter, UG	20-4
1990	Flora Hyacinth, UA	20-2.50
1991	Dahlia Duhaney, LS	20-8
1992	Dionne Rose, UF	21-11
1993	Daphnie Saunders, LS	22-6.25
1994	Dedra Davis, UT	22-0.25
1995	Marita Hunt, LS	21-5.50
1996	Colleen Gillies, AU	21-4.25
1997	Lacena Golding, AU	20-1.50

| SEC Individual Champions |

1998	Lacena Golding, AU	21-4
1999	Monique Freeman, LS	20-11.25
2000	Tisha Parker, UM	21-9
2001	Myra Combs, LS	20-7.75
2002	Elva Goulbourne, AU	22-4.50
2003	Elva Goulbourne, AU	22-5
2004	Hyleas Fountain, UG	21-7.50
2005	Tianna Madison, UT	22-8.50
2006	Patricia Sylvester, UG	21-7.50
2007	Brittney Reese, UM	21-11.75
2008	**Brittney Reese, UM**	**22-5.25**
2009	Shara Proctor, UF	21-1.50
2010	Shara Proctor, UF	21-11.50
2011	Rochelle Farquharson, MS	21-3.25

Triple Jump

1985	Julie Lewis	42-0
1986	Sharon Clarke, LS	42-8
1987	Flora Hyacinth, UA	45-0.50
1988	Julie Lewis, LS	42-0
1989	Catherine Colter, UG	41-3
1990	Flora Hyacinth, UA	43-3
1991	Leah Kirklin, UF	43-5.75
1992	Leah Kirklin, UF	43-4
1993	Camille Jackson, LS	44-3.25
1994	Niambi Dennis, UA	42-5.50
1995	Icolyn Kelly, UG	43-4.25
1996	**Suzette Lee, LS**	**45-10.75**
1997	Suzette Lee, LS	43-2.25
1998	Chukwewete Olomina, UG	42-6.25
1999	Keisha Spencer, LS	43-8.75
2000	Keisha Spencer, LS	46-2.75
2001	Shelly-Ann Gallimore, AU	43-4.50
2002	Nicole Toney, LS	43-7
2003	Nicole Toney, LS	43-11.75
2004	Shelly-Ann Gallimore, AU	44-2
2005	Kemesha Whitemire, SC	43-7
2006	Patricia Sylvester, UG	43-9.75
2007	Andrea Linton, LS	44-1.25
2008	Shara Proctor, UF	44-9.75
2009	Shara Proctor, UF	44-0.75
2010	Shara Proctor, UF	43-3.25
2011	Maria Augutis, UG	43-7.25

Shot Put

1981	Rosemarie Hauch, UT	57-7.25
1982	Rosemarie Hauch, UT	54-9
1983	Patricia Walsh, UT	49-4.50
1984	Teresa Williford, LS	52-6.50
1985	Jill Palmer, UG	50-2
1986	Teresa Williford, LS	48-10.75
1987	Kym Carter, LS	47-9
1988	Colleen Rosensteel, UF	49-5
1989	Colleen Rosensteel, UF	48-8.25
1990	Sharon Simmons, MS	49-1.75
1991	Danyel Mitchell, LS	48-0.75
1992	Danyel Mitchell, LS	53-9
1993	Danyel Mitchell, LS	54-1.25
1994	Danyel Mitchell, LS	53-6.50
1995	Alana Preston, UT	54-9.25
1996	Crystal Brownlee, SC	55-1.50
1997	Crystal Brownlee, SC	55-4.75
1998	Crystal Brownlee, SC	55-11.25
1999	Rhonda Hackett, UG	52-1.75
2000	Rhonda Hackett, UG	53-3
2001	Stacy Martin, AU	49-10
2002	Candice Scott, UF	54-2.50
2003	Karen Freberg, UF	55-9.75
2004	Kimberli Barrett, UF	57-6.25
2005	Beth Mallory, UA	54-2.50
2006	Aymara Albury, UA	56-1.25
2007	Mariam Kevkhishvili, UF	55-11.25
2008	Annie Alexander, UT	56-6.75
2009	**Mariam Kevkhishvili, UF**	**59-2.75**
2010	Mariam Kevkhishvili, UF	59-0
2011	Annie Alexander, UT	57-5

Hammer Throw

1997	Lisa Misipeka, SC	206-7
1998	Lisa Misipeka, SC	213-3
1999	Michelle Fournier, SC	206-3
2000	Katie McCoy, UG	183
2001	Katie McCoy, UG	203-10
2002	Candice Scott, UF	198-7
2003	Candice Scott, UF	217-10
2004	Candice Scott, UF	221-2
2005	Sultana Frizell, UG	213-3
2006	**Jenny Dahlgreen, UG**	**235-6**
2007	Jenny Dahlgren, UG	227-0
2008	Valentina Srsa, AU	196-11
2009	Angelica Howard, UA	195-10
2010	Nikola Limnicka, UG	207-7
2011	Nikola Lomnicka, UG	208-4

Discus

1981	Krissy Terpening, AU	152-6
1982	Jackie Wallace, UT	170-3
1983	Patricia Walsh, UT	186-8
1984	Karen McDonald, UT	169-2
1985	Patricia Walsh, UT	179-10
1986	Janet Matthews, UF	170-2
1987	Janet Matthews, UF	175-3
1988	Colleen Rosensteel, UF	177-2
1989	Colleen Rosensteel, UF	172-1
1990	Raelene Carter, UF	157-10
1991	Ingrid Belz, UG	175-9
1992	Alana Preston, UT	171-3
1993	Danyel Mitchell, LS	187-2
1994	**Danyel Mitchell, LS**	**194-4**
1995	Dawn Ellerbe, SC	167-0
1996	Dawn Ellerbe, SC	181-3
1997	Kristin Heaston, UF	178-6
1998	Kristin Heaston, UF	182-1
1999	Rhonda Hackett, UG	180-4
2000	Rhonda Hackett, UG	179-1
2001	Marie LeJour, AR	169-0
2002	Diane Slinden, UT	180-1
2003	Rachel Longfors, UF	180-9
2004	Beth Mallory, UA	177-11
2005	Beth Mallory, UA	189-7
2006	Beth Mallory, UA	176-11
2007	Precious Akins, SC	167-11
2008	Annie Alexander, UT	187-6
2009	Ashley Muffet, UK	182-0
2010	Samia Stokes, LS	168-5
2011	Annie Alexander, UT	184-5

Javelin

1981	Sue Gibson, UA	178-11
1982	Pam Passera UT	146-7
1983	Iris Gronfeldt, UA	171-10
1984	Iris Gronfeldt, UA	183-5
1985	Iris Gronfeldt, UA	174-0
1986	Iris Gronfeldt, UA	177-10
1987	Laverne Eve, LS	204-9
1988	Cheryl Coker, LS	165-10
1989	Kim Engel, UG	182-5
1990	Cindy Herceg, UF	164-10
1991	Amanda Cockburn, UG	145-11
1992	Ruth Ann Brooks, UF	164-4
1993	Cindy Herceg, UF	181-9
1994	Leslie Coons, SC	168-0
1995	Mary Jo Schultz, UK	159-11
1996	Vidgis Gudjonsdottir, UG	170-6
1997	Vidgis Gudjonsdottir, UG	175-4
1998	Vidgis Gudjonsdottir, UG	162-9
1999	Vigdis Gudjonsdottir, UG	171-1
2000	**Emily Carlsten, UF**	**180-9**
2001	Denita Miller, UT	153-7
2002	Lindsay Daniel, UG	161-10
2003	Krista Woodward, UG	163-9
2004	Maria Romero, LS	138-3
2005	Krista Woodward, UG	168-6
2006	Krista Woodward, UG	167-5
2007	Krista Woodward, UG	169-4
2008	Evelien Dekkers, UF	169-6
2009	Evelien Dekkers, UF	173-11
2010	Evelien Dekkers, UF	168-8
2011	Fawn Miller, UF	168-10

Pole Vault

1998	Kylene Nixon, SC	12-8.25
1999	Tracy Carrington, UT	12-0
2000	Christie Elwin, UT	12-8.25
2001	Megan Westfall, UF	12-10.75
2002	Megan Westfall, UF	12-8
2003	April Steiner, AR	13-7.25
2004	Jessica Reust, UT	13-3.50
2005	Kierney Hiteshew, UG	13-6.50
2006	Kierney Jackson, UG	13-11
2007	Jodi Unger, AR	13-6.25
2008	Katie Stripling, AR	13-6.50
2009	Katie Stripling, AR	14-5.25
2010	Tina Sutej, AR	13-9.75
2011	**Tina Sutej, AR**	**15-1.50**

Heptathlon

1981	Nora Araujo, AU	4,894
1982	Myrtle Chester, UT	5,540
1983	Debbie DaCosta, UG	5,579
1984	Myrtle Chester, UT	5,648
1985	Yutta Shelton, UA	5,491
1986	Cheryl Wilson, LS	5,627
1987	Heidi Mann, UF	5,737
1988	Rhonda Phillips, LS	5,128
1989	Cheryl Wilson, LS	5,671
1990	Tonya Lee, UT	5,587
1991	**Sharon Jaklofsky, LS**	**5,969**
1992	Sharon Jaklofsky, LS	5,904
1993	Sharon Jaklofsky, LS	5,628
1994	Marvena Almond, UT	5,498
1995	Claire Phythinian, AR	5,455
1996	Marvena Almond, UT	5,596
1997	Erin Narzinski, SC	5,607
1998	Lacena Golding, AU	5,750
1999	Erin Narzinski, SC	5,565
2000	GiGi Miller, AR	3,436
2001	GiGi Miller, AR	5,704
2002	Tacita Bass, SC	5,588
2003	Hyleas Fountain, UG	5,626
2004	Josie Hahn, VU	5,492
2005	Jessica Stockard, UG	5,720
2006	Garnetta Holloway, VU	5,321
2007	Nia Ali, UT	5,490
2008	Marrissa Harris, MS	5,600
2009	Etienne Chaplin, AR	5,594
2010	Chelsea Taylor, UA	5,672
2011	Makeba Alcide, AR	5,646

| SEC Honors and Awards |

SEC High-Point Scorers

1984	Myrtle Chester, UT	31
1985	Shelly Steely, UF	30
1986	Flora Hyacinth, UA	26.5
1987	Flora Hyacinth, UA	34.5
1988	Schowonda Williams, LS	28
1989	Dawn Sowell, LS	22.5
1990	Flora Hyacinth, UA	20
1991	Dahlia Duhaney, LS	26
1992	Michelle Freeman, UF	22
	Dionne Rose, UF	22
1993	Sharon Jaklosfy, LS	23
1994	Stacy Bowen, UA	24.5
1995	Icolyn Kelly, UG	32.5
1996	Dawn Ellerbe, SC	26
1997	Astia Walker, LS	22.5
1998	Lacena Golding, AU	30.75
1999	Debbie Ferguson, UG	23.5
2000	Jessica Dailey, AR	28
	Amy Yoder, AR	28
2001	Marie LeJour, AR	23
2002	LaQuanda Cotton, UF	22
	Antoinette Wilks, SC	22
2003	Erica Whipple, SC	18
2004	Hyleas Foutnain, UG	34.5
2005	Beth Mallory, UA	26
2006	Patricia Sylvester, UG	28
2007	Ashley Muffet, UK	22
	Kerron Stewart, AU	22
2008	Brittney Reese, UM	27.25
2009	Ashley Muffet, UK	21
2010	Sheniqua Ferguson, AU	22.5
2011	Semoy Hackett, LSU	20.5

SEC Coach of the Year

1990	Beverly Kearney, UF
1991	Pat Henry, LS
1992	Beverly Kearney, UF
1993	Pat Henry, LS
1994	Pat Henry, LS
1995	John Mitchell, UG
1996	Greg Kraft, SC
1997	Tom Jones, UF
1998	Tom Jones, UF
1999	Curtis Frye, SC
2000	Lance Harter, AR
2001	Lance Harter, AR
2002	Curtis Frye, SC
2003	Tom Jones, UF
2004	Lance Harter, AR
2005	Curtis Frye, SC
2006	Wayne Norton, UG
2007	Dennis Shaver, LS
2008	Dennis Shaver, LS
2009	Mike Holloway, UF
2010	Dennis Shaver, LS
2011	Dennis Shaver, LS

SEC Athlete of the Year

1993	Juliet Campbell, AU
1994	Debbie Ann Parris, LS
1995	D'Andre Hill, LS
1996	D'Andre Hill, LS
1997	Ryan Tolbert, VU
1998	Debbie Ferguson, UG
1999	Debbie Ferguson, UG
2000	Peta Gaye-Dowdie, LS
2001	Amy Yoder-Begley, AR
2002	LaShinda Demus, SC
2003	Aleen Bailey, SC

SEC Runner of the Year

2004	Tiffany McWilliams, MS
2005	Aneita Denton, AR
2006	Kerron Stewart, AU
2007	Kerron Stewart, AU
2008	Kelly Ann Baptiste, LS
2009	Catherine White, AR
2010	Sheniqua Ferguson, AU
2011	Semoy Hackett, LS

SEC Field Athlete of the Year

2004	Hyleas Fountain, UG
2005	Beth Mallory, UA
2006	Jennifer Dahlgren, UG
2007	Brittney Reese, UM
2008	Brittney Reese, UM
2009	Ashley Muffet, UK
	Katie Stripling, AR
2010	Mariam Kevkhishvili, UF
2011	Tina Sutej, AR

SEC Freshman of the Year

2000	Shelly-Ann Gallimore, AU
2001	Muna Lee, LS
2002	LaShinda Demus, SC
2003	Krista Woodward, UG

SEC Freshman Runner of the Year

2004	Tiandra Ponteen, UF
2005	Cleo Tyson, UT
2006	Sarah Bowman, UT
2007	Nia Ali, UT
2008	Rebecca Lowe, UF
2009	Genevieve LaCaze, UF
2010	Takeia Pinckney, LS
2011	Jasmin Stowers, LS

SEC Freshman Field Athlete of the Year

2004	Tianna Madison, UT
2005	Sigrun Fjelsted, UG
2006	Chealsea Taylor, UA
2007	Mariam Kevkhishvili, UF
2008	Annie Alexander, UT
2009	Rachel Laurent, LS
2010	Maya Pressley, AU
2011	Rochelle Farquharson, MS

SEC Scholar-Athlete of the Year

2004	Maureen Scott, AR
2005	Josie Hahn, VU
2006	N/A
2007	Natalie Picchetti, UG
	Natasha Hastings, SC
2008	Sarah Bowman, UT
2009	Sarah Bowman, UT
2010	Phoebe Wright, UT
2011	Holly Knight, AU
	Chanelle Price, UT

SEC Athletes of the Week

2000: 3/29 - Amy Yoder, AR; 4/4, Rhonda Hackett, UG; 4/12 - Emily Carlsten, UF; 4/19 - Peta-Gaye Dowdie, LS; 4/26 - Miki Barber, SC; 5/3, Emily Carlsten, UF.

2001: 3/20 - Elisha Williams, MS; 3/27 - Ronetta Smith, LS; 4/4 - Teneeshia Jones, UM; 4/10 - Thorey Elisdottir, UG; 4/17 - Kristina Bratton, UF; 4/24 - Muna Lee, LS; 5/1 - Lilli Kleinmann, AR; 5/8 - GiGi Miller, AR.

2002: 3/28 - Stacy Martin, AU; 4/3 - Tiffany McWilliams, MS; 4/10 - DeeDee Brown, AR; 4/17 - Aleen Bailey, SC; 4/24 - Muna Lee, LS; 5/1 - Muna Lee, LS; 5/8 - Marie LeJour, AR.

2003: 3/26 - Candice Scott, UF; 4/2 - Judyth Kitson, UA; 4/9 - Lolo Jones, LS; 4/16 - Aleen Bailey, SC; 4/23 - Lauren Johnson, MS; 5/1 - Muna Lee, LS; 5/6 - Londa Bevins, AR; 5/14 - Karen Freberg, UF

2004: 3/24 - Tasha Pharr, UA (R) & Jenny Dahlgren, UG; 3/31 - Lashinda Demus, SC (R) & Candice Scott, UF (F); 4/7 - Muna Lee, LS (R) & Shelly-Ann Gallimore, AU (F); 4/14 - Tiffany McWilliams, MS (R) & Kim Barrett, UF (F); 4/21 - Veronica Campbell, AR (R) & Beth Mallory, UA (F); 4/28 - Beau Walker, UA (R) & Candice Scott, UF (F); 5/5 - Erika Schneble, VU (R) & Jukina Dickerson, UF (F); 5/12 - Lashinda Demus, SC (R) & Chelsea Hammond, SC (F)UF (F); 5/12 - Lashinda Demus, SC (R) & Chelsea Hammond, SC (F)

2005: 3/23 - Meggan Hodge, MS (R) & Beth Mallory, UA (F); 3/30 - Kelly Baptiste, LS (R) & Chandra Lacombe, UF (F); 4/6 - Brook Patterson, UK (R) & Tina Harris, LS (F); 4/13 - Shalonda Solomon, SC (R) & Tianna Madison, UT (F); 4/20 - Aneita Denton, AR (R) & Rachel Longfors, UF (F); 4/27 - Tiffany Ross-Williams, SC (R) & Liz Wanless, UF (F); 5/4 - Tiffany Ross-Williams, SC (R) & Jenny Dahlgren, UG (F); 5/11 - Courtney Champion, UT (R) & Kemesha Whitmire, SC (F)

2006: 3/30 - Shalonda Solomon, SC (R) & Beth Mallory, UA (F); 4/5 - Shalonda Solomon, SC (R) & Ashley Muffett, UK (F); 4/12 - Kelly Baptiste, LS (R) & Precious Akins, SC (F); 4/19 - Shalonda Solomon, SC (R) & Patricia Sylvester, UG (F); 4/19 - Markita James, AU (R) & Beth Mallory, UA (F); 5/2 - Kelly Baptiste, LS (R) & Kierney Jackson, UG (F); 5/10 - Shaka Dennison, UG (R) & Jennifer Dahlgreen, UG (F)

2007: 3/22 - Ronnetta Alexander, SC (R) & Krista Woodward, UG (F); 3/27 - Natasha Hastings, SC (R) & Brittney Reese, UM (F); 4/4 - Natasha Hastings, SC (R) & Evelien Dekkers, UF (F); 4/11 - Nickiesha Wilson, LS (R) & Brittney Reese, UM (F); 4/18 - Sarah Madebach, UG (R) & Jennifer Dahlgren, UG (F); 4/25 - Kerron Stewart, AU (R) & Brittney Reese, UM (F); 5/2 - Kerron Stewart, AU (R) & Katie Stripling, AR (F); 5/10 - Tiavannia Thompson, AR (R) & Carly Bloomfield, AR (F)

2008: 3/25 - Rebecca Lowe, UF (R); Sarah Landau, AR (F); Joanna Atkins, AU (FR); 4/1 - Sarah Bowman, UT (R); Shara Proctor, UF (F); Annie Alexander, UT (FR); 4/8 - Kelly Ann Baptiste, LS (R); Brittney Reese, UM (F); Joanna Atkins, AU (FR); 4/15 - Joanna Atkins, AU (R); Annie Alexander, UT (F); Danielle Sampley, UK (FR); 4/22 - Sarah Bowman, UT (R); Brittney Reese, UM (F); Catherine White, AR (FR); 4/29 - LaTavia Thomas, LS (R); Katelyn Rodrigue, LS (F); Hollie Knight, AU (FR); 5/6 - Dacia Barr, AR (R); Katie Stripling, AR (F); Jennifer Svoboda, UK (FR)

2009: 3/31 - Ashley Trimble, UK (R); Ashley Muffet, UK (F); Whitney Jones, AR (FR); 4/7 - LaTavia Thomas, LS (R); Rachel Laurent, LS (F); Genevieve LaCaze, UF (FR); 4/14 - Lynne Layne, UT (R); Ashley Trimble, UK (F); Chanelle Price, UT (FR); 4/21 - Joanna Atkins, AU (R); Katie Stripling, AR (F); Genevieve LaCaze, UF (FR); 4/28 - Sarah Bowman, UT (R); Katie Stripling, AR (F); Chanelle Price, UT (FR); 5/5 - LaJada Baldwin, UM (R); Ashley Muffet, UK (F); Whitney Jones, AR (FR)

2010: 3/23 - LaKya Brookins, SC (R); Nikola Lomnicka, UG (F); Cally Macumber, UK (FR); 3/30 - Samantha Henry, LS (R); Nikola Lomnicka, UG (F); Regina George, AR (FR); 4/6 - Brandi Cross, SC (R); Mariam Kevkhishvili, UF (F); Stephanie Brown, AR (FR); 4/13 - Shelise Williams, AR (R); Tina Sutej, AR (F); Takeia Pinckney, LS (FR); 4/20 - LaTavia Thomas, LS (R); Mariam Kevkhishvili, UF (F); Kimberlyn Duncan, LS (FR); 4/27 - Phoebe Wright, UT (R); Mariam Kevkhishvili, UF (F); Cally Macumber, UK (FR); 5/4 - Regina George, AR (R); Katie Stripling, AR (F); Stephanie Brown, AR (FR); 5/12 - Phoebe Wright, UT (R); Mariam Kevkhishvili, UF (F); Ashley Miller, UF (FR)

| SEC Weekly Honors |

2011: 3/22 - Sofie Persson, UM (R); Jeannell Scheper, SC (F); Stella Christoforou, UG (FR); 3/29 - Shayla Mahan, SC (R); Rachel Laurent, LS (F); Jasmin Stowers, LS (FR); 4/5 - Kimberlyn Duncan, LS (R); Annie Alexander, UT (F); Cory McGee, UF (FR); 4/12 - Semoy Hackett, LS (R); Tina Sutej, AR (F); Jasmin Stowers, LS (FR); 4/20 - LaKya Brookins, SC (R); Lucie Ondraschkova, UG (F); Cory McGee, UF (FR); 4/26 - Kimberlyn Duncan, LS (R); Nikola Lomnicka, UG (F); Jen Clayton, LSU (FR); 5/3 - 4X400 Relay, AR (Regina George, Shelise Williams, Gwendolyn Flowers, Whitney Jones) (R); Tina Sutej, AR (F); Jasmin Stowers, LS (FR); 5/10 - Regina George, AR (R); Tina Sutej, AR (F); Fawn Miller, UF (FR)

(Editor's Note: List incomplete due to incomplete records. Editor appreciates any updates by verifiable sources.)

| SEC At The NCAA Outdoor Championships |

1982

2. Tennessee	126
15. Alabama	31
22. LSU	14
t29. Auburn	10
t49. Kentucky	2

1983

4. Tennessee	87
12. Alabama	36
t17. Florida	24
t24. LSU	17
32. Georgia	13
47. Kentucky	8

1984

2. Tennessee	124
6. Alabama	53
10. Florida	40
t28. Georgia	19
t44. Kentucky	8
t56. Auburn	5
68. LSU	1

1985

t2. LSU	46
7. Tennessee	30
10. Alabama	22.5
t16. Florida	16
t23. Georgia	11
t27. Auburn	8
t45. Kentucky	2

1986

2. Alabama	55
4. Tennessee	37
9. Florida	21
11. Georgia	19
12. LSU	18
t26. Auburn	10
t26. Kentucky	10

1987

1. LSU	62
2. Alabama	53
4. Tennessee	33
t13. Florida	20
t13. Georgia	20
t29. Mississippi State	7
t43. Auburn	4
t49. Kentucky	1

1988

1. LSU	61
6. Alabama	31
21. Tennessee	12
29. Florida	7
t30. Mississippi State	5

1989

1. LSU	86
t9. Kentucky	18
13. Alabama	17
t17. Florida	14
t27. Mississippi State	9
t37. Tennessee	6
t42. Auburn	5

1990

1. LSU	53
5. Alabama	29
6. Tennessee	28
t8. Florida	25
22. Kentucky	10

| NCAA Team Champions |

Year	Team	Points	Coach
1987	LSU	62	Sam Seemes
1988	LSU	61	Pat Henry
1989	LSU	86	Pat Henry
1990	LSU	53	Pat Henry
1991	LSU	78	Pat Henry
1992	LSU	87	Pat Henry
1993	LSU	93	Pat Henry
1994	LSU	86	Pat Henry
1995	LSU	69	Pat Henry
1996	LSU	81	Pat Henry
1997	LSU	63	Pat Henry
2000	LSU	58	Pat Henry
2002	South Carolina	82	Curtis Frye
2003	LSU	64	Pat Henry
2006	Auburn	57	Ralph Spry
2008	LSU	67	Dennis Shaver

1991

1. LSU	78
5. Tennessee	33
6. Florida	30
14. Alabama	14
t32. Georgia	7

1992

1. LSU	87
2. Florida	81
5. Alabama	27
t9. Tennessee	21
t29. Auburn	6
t59. Arkansas	1

1993

1. LSU	93
t9. Alabama	25
16. Auburn	19
18. Tennessee	15
44. Arkansas	3
61. Kentucky	0.5

1994

1. LSU	86
5. Tennessee	30
12. Alabama	18
23. Arkansas	10
t42. Auburn	4
t42. Florida	4
50. Ole Miss	3
55. South Carolina	2

1995

1. LSU	69
3. Georgia	41.3
6. Tennessee	23
21. Auburn	13
33. Arkansas	7
47. Florida	3
60. Kentucky	.5

1996

1. LSU	81
t9. South Carolina	26
t12. Florida	21
t12. Georgia	21
t23. Auburn	9
t25. Vanderbilt	8
t33. Kentucky	5
t33. Alabama	5
t43. Arkansas	4
t49. Tennessee	3
t55. Ole Miss	2

1997

1. LSU	63
5. South Carolina	30
6. Florida	29
t14. Vanderbilt	17
t18. Tennessee	14
t30. Auburn	8
t38. Arkansas	5
t56. Georgia	2

1998

6. Georgia	32
7. South Carolina	29.5
13. Florida	17
t15. Tennessee	15
t22. LSU	11
t29. Arkansas	8
t39. Auburn	6

1999

4. Georgia	37
5. LSU	32
7. South Carolina	24
17. Florida	13
20. Tennessee	12
41. Arkansas	7
55. Kentucky	3

2000

1. LSU	58
t6. Arkansas	36
t6. South Carolina	36
t13. Alabama	16
t19. Georgia	12
t30. Florida	8
t45. Auburn	5
t59. Ole Miss	2

2001

4. South Carolina	36
5. Arkansas	31
6. LSU	30
20. Florida	14
t21. Auburn	13
25. Georgia	10.6
t40. Miss. State	5
t49. Ole Miss	4
t60. Alabama	2
t60. Tennessee	2

| SEC At The NCAA Outdoor Championships |

2002

1. South Carolina	82
4. LSU	43
6. Florida	29
14. Auburn	17
t37. Kentucky	6.5
t39. Tennessee	6
t45. Arkansas	4
t45. Georgia	4

2003

1. LSU	64
3. South Carolina	47
4. Florida	36
11. Georgia	22
14. Auburn	18
19. Arkansas	13.5
t22. Tennessee	12
t27. Mississippi State	10
t43. Vanderbilt	5
t43. Alabama	5
t55. Kentucky	3

2004

2. LSU	68
5. Florida	29
t7. Georgia	24
t7. South Carolina	24
t7. Tennessee	24
t10. Arkansas	22
t18. Auburn	13
t22. Alabama	10
t22. Mississippi State	10
t48. Vanderbilt	4
t56. Kentucky	3

2005

2. South Carolina	48
4. Tennessee	40
6. Georgia	28
10. Florida	22
13. Alabama	18
15. Auburn	17
22. Arkansas	11
24. LSU	10
65. Ole Miss	2

2006

1. Auburn	57
3. South Carolina	38
7. LSU	30
9. Georgia	25.75
17. Alabama	16
18. Tennessee	15
25. Arkansas	10
37. Florida	6

2007

2. LSU	53
9. Georgia	24
t12. Auburn	22
t12. South Carolina	22
15. Arkansas	17
21. Alabama	10
t27. Ole Miss	9
t27. Tennessee	9
46. Florida	5

2008

1. LSU	67
9. Florida	26
t13. Tennessee	15
t15. Auburn	14
t15. Ole Miss	14
t22. South Carolina	11
t22. Arkansas	11
t31. Alabama	8

2009

6. LSU	29.5
9. Florida	23
t10. Tennessee	21
t25. Auburn	11
t29. Arkansas	10
t40. South Carolina	7
t70. Mississippi State	1
t70. Ole Miss	1

2010

3. Florida	40
6. LSU	31
12. Auburn	23
15. Arkansas	17
t20. Alabama	13
t26. Georgia	10
t26. Tennessee	10
t41. Mississippi State	5
t51. Kentucky	3

2011

3. LSU	43.5
t11. Tennessee	20
t14. Arkansas	18
t14. Auburn	18
t34. Florida	8
t40. South Carolina	6
t40. Georgia	6
t60. Kentucky	2

| SEC's Individual NCAA Champions |

100-Meter Dash

1987	Gwen Torrence, UG	11.25
1989	Dawn Sowell, LS	10.78
1990	Ester Jones, LS	11.14w
1995	D'Andre Hill, LS	11.11
1996	D'Andre Hill, LS	11.03
1998	Debbie Ferguson, UG	10.94w
2003	Aleen Bailey, SC	11.18
2006	Amberly Nesbitt, SC	11.34
2007	Sherry Fletcher, LS	11.20
2008	Kelly Ann Baptiste, LS	11.20

100-Meter Hurdles

1982	Benita Fitzgerald, UT	13.13
1983	Benita Fitzgerald, UT	12.84
1986	Rosalind P.-Council, AU	13.03
1987	LaVonna Martin, UT	13.05
1989	Tananjalyn Stanley, LS	12.70
1991	Dawn Bowles, LS	12.70
1992	Michelle Freeman, UF	12.90
1996	Kim Carson, LS	12.82
1997	Astia Walker, LS	12.85
2000	Joyce Bates, LS	12.85

200-Meter Dash

1987	Gwen Torrence, UG	22.37w
1989	Dawn Sowell, LS	22.04
1991	Esther Jones, LS	22.49
1992	Dahlia Duhaney, LS	22.80
1996	Zundra Feagin, LS	22.44
1998	Debbie Ferguson, UG	22.66
2000	Peta-Gaye Dowdie, LS	22.51
2003	Aleen Bailey, SC	22.65
2004	LaShaunte'a Moore, AR	22.37w
2006	Salonda Solomon, SC	22.62
2007	Kerron Stewart, AU	22.42
2011	Kimberlyn Duncan, LS	22.24

400-Meter Dash

1986	Lillie Leatherwood, UA	51.23
1987	Lillie Leatherwood-King, UA	50.90
1989	Pauline Davis, UA	50.18
1992	Anita Howard, UF	51.01
1993	Juliet Campbell, AU	50.58
1997	LaTarsha Stroman, LS	50.60
2000	Miki Barber, SC	51.14
2004	Dee Dee Trotter, UT	50.32
2007	Natasha Hastings, SC	50.15
2009	Joanna Atkins, AU	50.39

400-Meter Hurdles

1988	Schowonda Williams, LS	55.53
1993	Debbie Ann Parris, LS	56.37
1994	Debbie Parris, LS	55.54
1997	Ryan Tolbert, VU	54.54
2002	LaShinda Demus, SC	54.85
2006	Markita James, AU	54.47
2008	Nickiesha Wilson, LS	54.45

800-Meter Run

1982	Delisa Walton Floyd, UT	2:05.22
1983	Joetta Clark, UT	2:02.28
1984	Joetta Clark, UT	2:02.60
1991	Nekita Beasley, UF	2:03.29
1992	Nekita Beasley, UF	2:03.04
1998	Hazel Clark, UF	2:02.16
1999	Claudine Williams, LS	2:03.38
2004	N. Bernard-Thomas, LS	2:02.86
2005	Aneita Denton, AR	2:02.84
2010	Phoebe Wright, UT	2:01.40

1,500-Meter Run

1986	Alisa Harvey, UT	4:17.48
1997	Becki Wells, UF	4:12.84
2003	Tiffany McWilliams, MS	4:06.75
2004	Tiffany McWilliams, MS	4:11.59
2010	Charlotte Browning, UF	4:15.84

3,000-Meter Run

1986	Lisa Breiding, UK	9:11.39

5,000-Meter Run

1982	Kathy Bryant, UT	16:10.41
1989	Valerie McGovern, UK	16:17.20
1990	Valerie McGovern, UK	15:49.72

10,000-Meter Run

200	Amy Yoder-Begley, AR	33:59.96

4x100-Meter Relay

1985	LSU (Echols, King, Phipps, Morris)	43.82
1989	LSU (Stanley, Sowell, Scheffield, Jones)	42.50
1991	LSU (Stanley, Bowles, Sheffield, Jones)	43.99
1992	LSU (Bowles, Taplin, Sheffield, Duhaney)	43.03
1993	LSU (Parris, Van Norman, Warren, Taplin)	43.49
1994	LSU (Parris, Hill, Feagin, Taplin)	43.26
1995	LSU (Stroman, Maulsee, Powell, Warren)	43.10
1996	LSU (Walker, Butler, Feagin, Hill)	43.03
1997	LSU (Walker, Butler, Thornton, Dowdie)	43.17
2001	LSU (Thornton, Durst, Combs, Lee)	43.54
2002	South Carolina (Whipple, Washington, Barber, Bailey)	43.12
2003	LSU (Durst, Hall, Jones, Lee)	42.55
2004	LSU (Jones, Hall, Durst, Lee)	42.61
2011	LSU (Wilson, Hackett, Alexander, Duncan)	42.64

4x400-Meter Relay

1982	Tennessee (Rattray, Barksdale, Clark, Walton)	3:28.53
1985	LSU (Truvillion, Williams, Cato, Morris)	3:30.29
1986	Tennessee (McLaughlin, Benjamin, Martin, Oliver)	3:29.35
1990	Florida (Mitchell, Howard, Webster, Downing)	3:30.41
1992	Florida (Beasley, Freeman, Mitchell, Howard)	3:27.53
2002	South Carolina (Ross, Washington, Bass, Demus)	3:26.46
2004	LSU (Bernard-Thomas, Regis, Hall, Davy)	3:25.26
2006	LSU (Morris, Francis, Rooks, Lawrence)	3:25.78
2007	LSU (Wilson, Rooks, Thomas, Lawrence)	3:28.07

High Jump

1982	Disa Gisladottir, UA	6-2.25
1983	Disa Gisladottir, UA	6-1.50
1994	Gai Kapernick, LS	6-2.25

Long Jump

1987	Sheila Echols, LS	22-9.25
1993	Daphnie Saunders, LS	22-2.50
1994	Dedra Davis, UT	22-5.75
2002	Elva Goulbourne, AU	22-4.50
2003	Elva Goulbourne, AU	22-2.25
2004	Hyleas Fountain, UG	21-8.25
2005	Tianna Madison, UT	21-10.25
2006	Jovanee Jarrett, AU	21-2.50
2008	Brittney Reese, UM	22-9

Triple Jump

1992	Leah Kirklin, UF	44-0.75
1996	Suzette Lee, LS	45-1
1997	Suzette Lee, LS	45-8w
2000	Keisha Spencer, LS	45-10
2001	Shelly-Ann Gallimore, AU	43-7.25

Hammer Throw

1996	Dawn Ellerbe, SC	209-2
1997	Dawn Ellerbe, SC	207-4
1998	Lisa Misipeka, SC	209-4
2003	Candice Scott, UF	229-0
2004	Candice Scott, UF	225-10
2006	Jenny Dahlgren, UG	226-4
2007	Jenny Dahlgren, UG	232-0
2010	Nikola Lomnicka, UG	215-1

Discus

1993	Danyel Mitchell, LS	186-6
1994	Danyel Mitchell, LS	193-10
2006	Beth Mallory, UA	194-9

Shot Put

2009	Mariam Kevkhishvili, UF	58-4.50
2010	Mariam Kevkhishvili, UF	59-5

Javelin

1984	Iris Gronfeldt, UA	184-2
1985	Iris Gronfeldt, UA	187-8
1987	Laverne Eve, LS	182-5.25
1989	Kim Engel, UG	196-8
1999	Vigdis Gudjonsdottir, UG	182-3
2010	Evelien Dekkers, UF	193-6

Heptathlon

1992	Sharon Jaklofsky, LS	5,732
2003	Hyleas Fountain, UG	5,999

w - Wind-Aided

| NCAA Championship Record Holders |

100-Meter Dash		
1989	Dawn Sowell, LS	10.78
100-Meter Hurdles		
1989	Tananjalyn Stanley, LS	12.70
200-Meter Dash		
1989	Dawn Sowell, LS	22.04
400-Meter Dash		
1989	Pauline Davis, UA	50.18
400-Meter Hurdles		
1997	Ryan Tolbert, VU	54.54
4x100-Meter Relay		
1989	LSU (Stanley, Sowell, Sheffield, Jones)	42.50
4x400-Meter Relay		
2002	South Carolina (Ross, Washington, Bass, Demus)	3:26.46
1,500-Meter Run		
2003	Tiffany McWilliams, MS	4:06.75
Long Jump		
1987	Sheila Echols, LS	22-9.25
Hammer Throw		
2003	Candice Scott, UF	229-0
2007	Jenny Dahlgren, UG	232-0